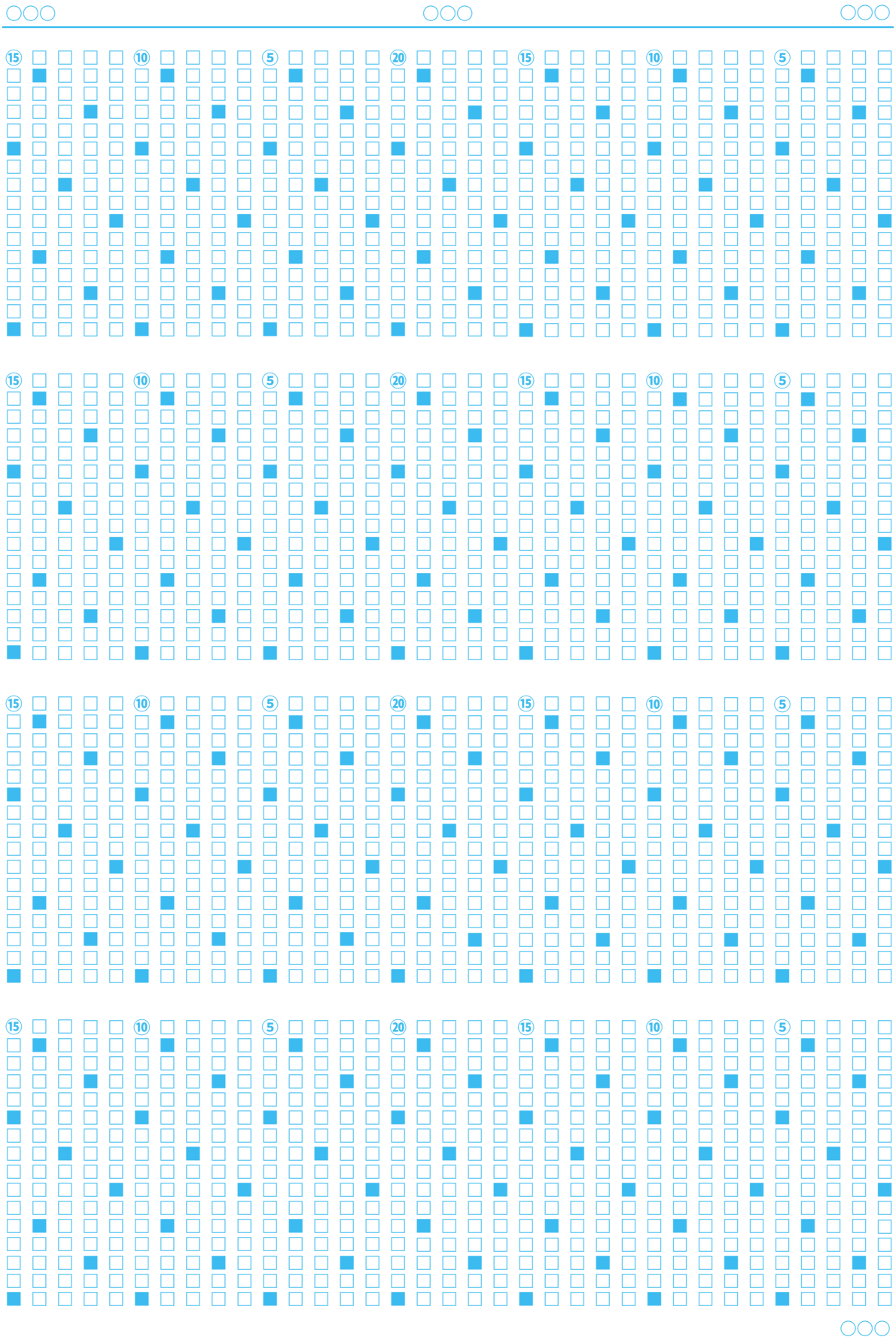B5　縦組み　4段　本文12Q